

# TAZ TIMES

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**#6 - June 26, 2023**

## KEY DATES

- **June 29, 8am** - Picture Day. Instead of morning practice, we are taking individual and team photos. **Please sign up on TeamUnify (like you would for a meet) by June 27.** Order forms are in your family folders (and attached). **To speed up the process, please bring your forms(s) and cash/check.**
- **June 30** - Last day to request Champs waiver (see below)
- **July 1** - No Meet
- **July 2** - Last day to register for July 8 home meet
- **July 3-4** - No practice
- **July 5** - **Last day to register for Champs**
- **July 8** - Home meet vs. College Greens; Junior Taz Showcase; Senior Send Off
- **July 9** - Last day to register for July 15 away meet.
- **July 15** - Away meet vs. Granite Bay
- **July 20** - Champs Rally
- **July 21-23** - Champs!!!
- **July 26** - Awards Night (time TBD, but likely 6pm) at Town Center

## UPCOMING EVENTS/IMPORTANT INFO

### Picture Day (June 29)

Picture day is at 8am on June 29. **Please sign up by June 27 on Team Unify. To speed up the process, please bring completed order form(s) and cash/check – credit cards really slow things down.** The team photo will be after individual photos – please stay for it!

### Champs (July 21-23) - **PLEASE READ!!!**

Champs – our biggest and most important meet of the season – is on July 21-23 at Del Oro High School in Loomis. **Registration is open now, and must be submitted by July 5.** We need all of our swimmers to help bring home that trophy! Other details:

- **Eligibility/Waivers:** In order to swim at Champs, swimmers must have participated in at least three dual meets. If your swimmer will not meet this

requirement due to exceptional circumstances, we can request a waiver from the league. Please submit waiver requests to [info@edhtaz.org](mailto:info@edhtaz.org) no later than June 30.

- **Event Selection:** Swimmers may swim in every event for which they have recorded a valid time this season with one exception: *Swimmers may not swim in both the long and short freestyle events – they must choose one or the other.*
  - Friday afternoon/evening: IM events
  - Saturday: Freestyle, Backstroke, and Medley Relay events
  - Sunday: Breaststroke, Butterfly, and Free Relay events
- **Volunteer Requirements:** All families attending Champs are required to volunteer at the meet. This is a separate requirement from the 12-hour minimum for the regular season. Stay tuned for more information about Champs jobs, or email [info@edhtaz.org](mailto:info@edhtaz.org) if you have questions.
- **Champs Theme: TAZ on the Loose!** Welcome to the jungle where all the wild animals of the team are trying to find TAZ led by our brave zoo keeper coaches! More details to come, but start looking for animal costumes for your swimmer for the Champs parade!
- **Champs Rally:** The **Champs Rally/Pasta Feed** will be on **July 20 at 5pm** in lieu of evening practice. Stay tuned for more information.

**AWARDS NIGHT.** Save the Date for Awards Night on **July 26** at Town Center. (Time TBD, but likely 6pm.)

**TRY MORNING PRACTICE!** Are you pushing for a personal record or to qualify for MOC? Are you struggling with a new stroke? Did you get DQ'd and want to work on it with coaches? Morning practices have fewer swimmers per lane and a lower coach-to-swimmer ratio, so it's the ideal time to focus your training before Champs. Also, at Tuesday morning practice we have a potluck breakfast on the pool deck.

**USA SWIMMING/MISSING TIMES.** Due to USA Swimming's 2022 changes to their member IDs, if your swimmer swam in the offseason for a USA Swimming club (e.g., AquaSol, Sierra Marlins), their recent Taz times may not be properly associated with their member profile. We think we have fixed the issue for all affected members, but **if you are not seeing 2023 Taz times when you log in to TeamUnify, please let us know ASAP.** We want to make sure coaches have current times as we head into Champs! (You can verify times by logging into TeamUnify -> My Account/Account Info -> Members tab -> select your swimmer -> Meet Results tab.) **Please email [info@edhtaz.org](mailto:info@edhtaz.org) if your swimmer is missing times or if you have questions!**

**LAPS 4 TAZ FLANNEL PANTS.** If you haven't picked up your flannel pants prize from Laps 4 Taz, they will be available at Picture Day and the July 8 meet.